

Primary

School lunch menu

February 2015 - July 2015

Week One

23 February 2015
16 March 2015
20 April 2015
11 May 2015
8 June 2015
29 June 2015

Week Two

2 March 2015
23 March 2015
27 April 15
18 May 2015
15 June 2015
6 July 2015

Week Three

9 March 2015
30 March 2015
4 May 2015
1 June 2015
22 June 2015
13 July 2015

Menu Week One	Monday	Tuesday	Wednesday	Thursday	Friday
Choice One	Breaded Chicken Bites or Vegetable Nuggets with Ketchup	Meatballs in Tomato and Herb Sauce	Turkey Casserole with Cobbler	Roast Beef and Yorkshire Pudding	Lamb or Vegetarian Jalfrezi
Choice Two	Spaghetti Napoli	Hot Quorn or Chicken Fillet in Sesame Seed Bun	Cheese and Onion Pie	Homemade Pizza Margarita	Fish Fingers
Seasonal Vegetables	Sweetcorn Green Beans	Broccoli Coleslaw	Cauliflower Baked Beans	Mixed Vegetables Beetroot	Minted Apple and Cucumber Salad Garden Peas
Accompaniments	Seasoned Wedges	Pasta Potato Croquettes	Country Diced Potatoes	Baby Roast Potatoes	Boiled Rice Chips
Sandwiches and Jacket Potatoes will be available on alternative days. Salad bar, selection of fresh bread and rolls available daily					
Sandwiches	Tuna Mayo on Wholemeal Bread			Ham and Tomato in Crusty Baguette	
Filled Jacket Potato	Cheese Savoury filled Jacket Potato		Baked Bean filled Jacket Potato		Chicken and Sweetcorn filled Jacket Potato
Dessert	Frozen Yoghurt with Choice of Drink	Flapjack with Custard or Drink	Chocolate Krispy Tray Bake with Choice of Drink	Sticky Orange Sponge with Custard or Drink	Apricot Biscuit with Choice of Drink

Alternative Desserts: Fresh fruit, low fat yoghurt and cheese and biscuits. Choice of Drinks Fruit juice drink, reduced fat milk, flavoured milk, chilled drinking water. Vegetarian options available on request.

Menu Week Two	Monday	Tuesday	Wednesday	Thursday	Friday
Choice One	Garlic Chicken or Garlic Quorn Fillet	Oven Baked Pork or Vegetarian Sausages	Savoury Minced Beef with Dumpling	Pork Tenderloin or Quorn Fillet	Ham and Mushroom Pasta Bake
Choice Two	Mediterranean Roasted Vegetable Flan	Cheese Pattie	Homemade Vegetable Pizza	Chinese Style Vegetarian Curry	Vinegar Infused Fish Goujons
Seasonal Vegetables	Green Beans Coleslaw	Mixed Vegetables Baked Beans	Spring Cabbage Sweetcorn	Broccoli Roasted Vegetables	Beetroot Garden Peas
Accompaniments	New Potatoes Savoury Vegetable Rice	Creamed Potatoes Seasoned Potato Wedges	Baby Roast Potatoes	Egg Noodles Parsley Potatoes	Chips Crusty Bread
Sandwiches and Jacket Potatoes will be available on alternative days. Salad bar, selection of fresh bread and rolls available daily					
Sandwiches	Tuna and Sweetcorn on Wholemeal Bread		Chicken Mayo in Crusty Baguette		Ham and Tomato on Wholemeal Bread
Filled Jacket Potato			Baked Beans filled Jacket Potato		Cheese and Spring Onion filled Jacket Potato
Dessert	Arctic Roll with Choice of Drink	Shortbread with Custard or Drink	Strawberry Mousse with Choice of Drink	Pear and Chocolate Sponge with Custard or Drink	Jelly and Fruit Salad with Choice of Drink

Alternative Desserts: Fresh fruit, low fat yoghurt and cheese and biscuits. Choice of Drinks Fruit juice drink, reduced fat milk, flavoured milk, chilled drinking water. Vegetarian options available on request.

Menu Week Three	Monday	Tuesday	Wednesday	Thursday	Friday
Choice One	Beef Burger or Quorn Burger in Bun	Homemade BBQ Chicken or Quorn Pizza	Turkey Pie	Roast Gammon with Pineapple or Pease Pudding	Spaghetti Bolognese
Choice Two	Vegetarian Korma	Salmon Goujons with Parsley Mayo	Quorn Frankfurter in Finger Bun with Ketchup	Tuna or Cheese Tortilla Wedge	Harry Ramsdens Battered Fish
Seasonal Vegetables	Baked Beans Green Beans	Garden Peas Coleslaw	Carrots Sweetcorn	Broccoli Beetroot	Sweetcorn Mushy Peas
Accompaniments	Chips Boiled Rice	Country Diced Potatoes	Champ Mash Seasoned Wedges	New Potatoes Savoury Vegetable Rice	Baby Roast Potatoes
Sandwiches and Jacket Potatoes will be available on alternative days. Salad bar, selection of fresh bread and rolls available daily					
Sandwiches	Cheese on Wholemeal Bread			Chicken Mayo on Wholemeal Bread	
Filled Jacket Potato	Baked Beans filled Jacket Potato		Tuna Crunch filled Jacket Potato		Cheese filled Jacket Potato
Dessert	Raspberry Ripple Mousse with Choice of Drink	Chocolate Brownie with Chocolate Sauce or Choice of Drink	Anzac Biscuit with Choice of Drink	Lemon Drizzle Cake with Custard or Choice of Drink	Banana Muffin with Choice of Drink

Alternative Desserts: Fresh fruit, low fat yoghurt and cheese and biscuits. Choice of Drinks Fruit juice drink, reduced fat milk, flavoured milk, chilled drinking water. Vegetarian options available on request.

Newcastle City Council

