

# Vaccination Information

**Vaccines are safe and effective. Getting vaccinated is the best way of protecting yourself and others against serious illness from COVID-19**



People  
aged 18+

If you are an adult, you should have already been offered the vaccine. If not, you remain at risk, and you can still get the vaccine from the NHS.

After you have had the first dose you will be invited for your second appointment. Your next appointment should be around 8 to 12 weeks later.

The first 2 doses will give you good protection. A booster programme has now been launched, please see below for more information.



12 - 17

The NHS is offering COVID-19 vaccine to children and young people aged 12 to 17 years.

Young people at greater risk of serious illness if they catch COVID-19 will need 2 doses of vaccine, 8 weeks apart. All other young people will be offered 2 doses of vaccine 12 weeks apart.

People aged 12 and over who had a severely weakened immune system when they had their first 2 doses, will be offered a 3rd dose and a booster (4th dose).

People aged 16 and over can get a booster dose.



5 - 11

The NHS is offering COVID-19 vaccines to children aged 5 to 11 years.

Children can get a first dose of the vaccine from the day they turn 5.

Most children can get a second dose from 12 weeks after they had their first dose.

If your child has a condition that means they're at high risk from COVID-19 or they live with someone who has a weakened immune system, they can get a second dose from 8 weeks after they had their first dose.



The Joint Committee on Vaccination and Immunisation (JCVI) has now advised that pregnant women are more at risk of severe COVID-19 disease. They are reminding pregnant women to have their COVID-19 vaccines as soon as possible. They should not delay vaccination until after they have given birth. This is to protect them and their babies. In the UK, over 100,000 pregnant women have been vaccinated mainly with Pfizer and Moderna vaccines and they have a good safety profile.

These vaccines do not contain live coronavirus and cannot infect a pregnant woman or her unborn baby in the womb.

The JCVI has recommended that the vaccines can be received whilst breastfeeding.

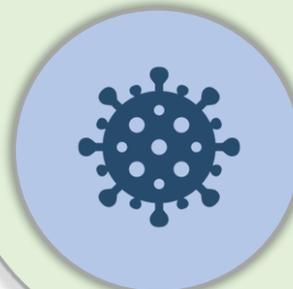
There is no need to avoid getting pregnant after COVID-19 vaccination. There is no evidence that COVID-19 vaccines have any effect on fertility or your chances of becoming pregnant.



There are 2 booster doses of the COVID-19 vaccine you may be able to get:

- a booster for everyone aged 16 and over, and some children aged 12 to 15
- a spring booster for people aged 75 and over, people who live in a care home for older people, or people aged 12 and over who have a weakened immune system

If you have not had a booster dose yet, you're still eligible and can book anytime.



If you've had a positive COVID-19 test, you need to wait before getting the COVID-19 vaccine.

If you or your child have symptoms of COVID-19, but have not had a test, you should wait until your symptoms are better before you get the vaccine. You can talk to a healthcare professional at the vaccination site about this.

<https://www.newcastle.gov.uk/services/public-health-wellbeing-and-leisure/public-health-services/coronavirus-covid-19/how-get>