



Road Safety Training and Delivery Schools and Adults - 2019/2020



Year Group															Programme	Details	Duration	When	Where		
Nursery	Reception	Yr1	Yr2	Yr3	Yr4	Yr5	Yr6	Yr7	Yr8	Yr9	Yr10	Yr11	Yr12	Yr13						Adult	
Whole School															Modeshift STARS	Modeshift Stars is a National Award scheme for schools to encourage sustainable and active travel. This Award is for schools that have demonstrated excellence in supporting cycling, walking and other forms of sustainable travel. The School Travel Plan document looks at travel patterns of pupils, parents and staff with the aim of encouraging more sustainable forms of transport for the school journey.	As and when needed	All year round	In school		
Whole School															Assemblies and Lessons	Delivered by the Road Safety team as required. Typical sessions include national campaigns such as 'Be Safe Be Seen' and 'Walk to School Week'.	As and when needed	All year round	In school		
<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>														Early Years/ KS1 Road Safety Training	Introduction of basic road safety messages such as holding hands, crossing roads, safer places to play and information regarding car seats.	1 session per year (30 mins per class)	December - March	Classroom, information also to be sent home.
				<input checked="" type="checkbox"/>		<input checked="" type="checkbox"/>		<input checked="" type="checkbox"/>									Smart Walker (child pedestrian training)	A tailored training package which includes transport choices, safer crossing places, identifying risk and independent travel. This pedestrian training programme is often used to help children with the transition from one school to another.	1 session per group (1hr for 15 children)	November - March	Outside of school grounds, in close proximity to the school. *
			<input checked="" type="checkbox"/>														Smart Scoot (scooter training)	A scooter training programme to help children develop their scooter skills and stay safer when out scooting.	1 session per group (2 hours per group of 30 pupils)	November - March	School playground
Community															Bikeability Promotion	The whole community (pupils, parents and carers, staff and visitors) are encouraged to get involved in cycling and understand the benefits of Bikeability. This is best delivered prior to any Bikeability training.	1 session per school	March - May	Inside and outside of school grounds in close proximity to the school. *		
	<input checked="" type="checkbox"/>																Balance Bikes (bicycles without pedals)	Practical cycle experience with small bikes without pedals which helps children develop their balance skills prior to learning to ride a bicycle.	4 x 30min sessions per group of 10 pupils (30 pupils in a morning, 30 in afternoon)	November - April (Limited availability)	School playground weather permitting, hall in poor weather
			<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>											Learn to Ride	Cycle training for children who cannot ride without stabilisers, delivered prior to L1 and L2 Bikeability Training.	1 session per group (half day)	September - April	School playground
				<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>		<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>									Bikeability Fix (bicycle maintenance)	Teaching children the basics of bicycle maintenance to help them maintain their bikes to a safe standard. This is best delivered prior to Bikeability.	1 session - 30 pupils in one day	January - April	In the school playground or building
				<input checked="" type="checkbox"/>													Bikeability Level 1	The next step from Learn to Ride, children are taught to ride with confidence and develop cycle skills within the school grounds.	1 session per group (1 full day, half the class in AM and half PM) Max 30 pupils	September - November March-July	School playground
					<input checked="" type="checkbox"/>												Bikeability Level 2	This National Standard includes on road training. The practical training develops confidence, promote cycling and improves road safety.	2 sessions over 2 full days. Max 30 children	September - November and March - July	Inside and outside of school grounds, in close proximity to the school. *
								<input checked="" type="checkbox"/>		Bikeability Level 3	This National Standard Cycle training is on road in more challenging traffic conditions. Practical advanced training to promote cycle and general road safety for older students and adults. Typically for pupils from Year 7 onwards.	A 2 hour session - Ratio of 1 instructor to 3 children.	September - November and March - July	Inside and outside of school grounds, in close proximity to the school. *							
				<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>												Bikeability Parents (adults join Bikeability Level 1 or 2)	Parents and carers are invited to join in the cycle training and complete their own Level 1 or 2 Bikeability training. Staff are also encouraged to participate in this event.	1 session per school	September - November and March - July	Inside and outside of school grounds in close proximity to the school. <i>This is typically out of school hours.</i> *
School Community															Bikeability on Show (pupils demonstrate cycling skills)	Parents and teachers are invited to a presentation and demonstration of the skills that pupils have acquired during their training.	1 session per school	September - November and March - July	Inside and outside of the school grounds		
					<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>											Bikeability Ride (several mile ride)	Children attend a ride with instructors along a route over several miles, once children have completed Bikeability 2.	1 ride per school where available	June - July	Off school grounds on an agreed route.
<input checked="" type="checkbox"/>		SafetyWorks! (interactive role play centre)	Visits to the interactive safety centre in west Newcastle to learn about a range of safety risks including road safety. (Information and booking arranged via SafetyWorks!)	As arranged with SafetyWorks! direct.	All year round	At the SafetyWorks! site (NE15 6UN) **															
									<input checked="" type="checkbox"/>			Ghost Street	An award winning short film aimed at 12 -16yr olds to raise awareness of road safety issues. The aim of the film is to provoke debate and encourage young people to consider the consequences of the choices they make when they are out and about.	As and when needed	All year round	School					
													<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>		Learn to Ride (Adults)	Training for those who cannot ride a bicycle and would like to cycle as a regular activity. Experienced instructors help develop balance and skills to ride a short distance comfortably	A 2 hour session	All year round	Walker Activity Dome
													<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>		Adult Level 1	This is designed for people who are new or returning to cycling, lacking in confidence or looking to develop their skills. Trainees will develop the skills to ride short, off road distances and improve their all-round cycling ability.	A 2 hour session	All year round	Walker Activity Dome
													<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>		Adult Level 2	Level 2 is for people who are competent cyclists off road but are keen to develop their riding skills on road. Trainees will develop the skills to ride safely in live traffic and for day to day journeys on quiet roads.	A 2 hour session	All year round	Walker Activity Dome
													<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>		Adult Level 3	For competent cyclists who regularly ride on the road and in live traffic but are keen to develop their riding skills in busier traffic environments and for the day to day cycling commute. Trainees will receive 1:1 tuition with an experienced instructor on a busy route relevant to the trainee.	A 2 hour session	All year round	on a busy route eg between home and work, agreed on an individual basis

* The Road Safety Team will provide a Risk Assessment for off site activities. The school will need to detail the activities and obtain consent form's for all pupils participating

** Tyne and Wear Fire Authority run this facility, the Risk Assessment for the facility is available at the site. Additionally, it is advised that the School undertakes any necessary Risk Assessment for offsite Educational Visits