

F.U.N. Newsletter



September 2020 Issue.

Fostering Under Newcastle

Written and produced by foster carers for foster carers!

Dear carer,

We hope this newsletter finds you and your loved ones fit and well.

In these unprecedented times we believe the following quote sums up where our lives are at present and how by making choices and thinking of other people we can show collective and personal resilience to overcome this global challenge.

"Life imposes things on you that you can't control, but you still have the choice of how you're going to live through this." — **Celine Dion**

Unfortunately due to Covid-19 the FUN committee have been unable to organize any events. Though, please watch this space and as soon as we get the "Green Light" we will be hosting the biggest celebration party!!

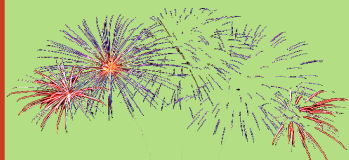
Please Note: If you are a fully paid up member for 2020 your membership will now be rolled over into 2021

FUN Caravan

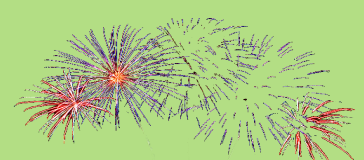
Due to lack of bookings and considerable running costs, we are faced with the prospect of financial uncertainty affecting the upkeep of our holiday caravan at Haggerston castle.

However!!

We are delighted to announce that the committee at The Blakelaw Social Club have come forward and given FUN a fantastic donation towards the running costs, which now means, we will be able to continue to offer subsidised holidays throughout 2021



*Their generosity blows us away.
Their continued support helps us
to deliver events and activities*



that are enjoyed by many foster carers and their families within Newcastle Social Services...creating lots of memories!!

"Three cheers for Blakelaw Social Club"

CAROL & DAVE'S HALLOWEEN ACTIVITIES



Create your own pumpkin lanterns, you can purchase child safe pumpkin making tool kits, so get sculpting! Why not ask your adults to send FUN photos of your creations and we will include them in our next newsletter.

Email: fosteringundernewcastle@gmail.com



Can you find the movies?

There are 40 movies in this picture



Answers at the bottom of the page but don't cheat!!

You can use all that meat from the middle to make a delicious Pumpkin Pie....check our recipe below:

Sweet short crust **pastry** case (or a packet of ready made sweet short crust **pastry** with 40g/1½oz crushed pecans mixed in)

For the pumpkin pie filling

- * 450g/1lb prepared weight **pumpkin** flesh, cut into 1in/2.5 cm chunks
- * 2 large **eggs** plus 1 yolk (use the white for another dish)
- * 75g/3oz soft dark **brown sugar**
- * 1 tsp ground **cinnamon**
- * ½ level teaspoon freshly grated **nutmeg**
- * ½ tsp ground **allspice**
- * ½ tsp ground **cloves**
- * ½ tsp ground **ginger**
- * 275ml/10fl oz **double cream**



Method

- 1, Pre-heat the oven to 200C/400F/Gas 6.
- 2, If using a shop bought sweet crust pastry case, use one that is 23cm/9in diameter and 4cm/1½in deep. If using your own pastry, roll it out and use it to line a 23cm/9in pie plate (not loose bottomed). Bake the pastry case blind for 20 minutes.
- 3, To make the filling, place the pumpkin chunks on a baking tray, cover with foil and roast until tender. This will take about 20-30 minutes, depending on your pumpkin. Press the cooked pumpkin in a coarse sieve and to extract any excess water. Set aside to cool before blending in a food processor, or mashing by hand to a puree.
- 4, Lightly whisk the eggs and extra yolk together in a large bowl.
- 5, Place the sugar, spices and the cream in a pan, bring to simmering point, giving it a whisk to mix everything together. Then pour it over the eggs and whisk it again briefly. Now add the pumpkin puree, still whisking to combine everything thoroughly.
- 6, Reduce the oven temperature to 180C/350F/Gas 4. Pour the filling into your pastry case and bake for 35-40 minutes, by which time it will puff up round the edges but still feel slightly wobbly in the centre.
- 7, Remove the pie from the oven and place the tin on a wire cooling rack. Serve warm or chilled (stored loosely covered in foil in the fridge) with some chilled crème fraiche or whipped cream.

We don't know when this will ever end, but we don't have to think back on this year as being sad all the time. For some, Covid-19 has had an affect upon their loved ones and some have lost their loved ones, but we have to try to make some nice memories for our children to look back on when they are older and say "yeah, it was a bad time, but we had some good times too". Well love you and leave you all. Keep well and safe, Carol and David

Okay, here's your answers.

1. The Pumpkin - Halloween, 2. Striped suit - Beetle Juice 3., Lips - Rocky Horror Picture Show 4, Red balloon - IT, 5 Butterfly on lamp post - Silence of the Lambs 6. Tricycle - The Shining 7. Hockey mask - Friday the 13th 8, Paws in box - Gremlins, 9, Pack against lamp post - Ghostbusters 10, Silhouette under lamp post - The Exorcist. 11, Hand - The Addams Family 12. Castle - Dracula 13. Unravalled bandages - The Mummy. 14, Mushnik's shop - Little Shop of Horrors. 15, Biohazard sign on chimney - 28 Days Later. 16. Headless man - Sleepy Hollow. 17, Burning Statue - Wicker Man 18. Green frog comics - The Lost Boys 19. Stick symbol on tree - Blair Witch Project 20, Striped jumper in window -The Nightmare on Elm Street 21, Slaughtered lamb sign - An American Werewolf in London 22 Well - The Ring 23. Mask with red cheeks - Saw. 24. Red door knob - The Sixth Sense, 25. Bates Motel - Psycho, 26, Mask on our octopus - Scream .27, Yellow road sign - Wolf Creek, 28 Little doll in window - Chucky, 29 Egg shaped object - Alien ,30, Hand coming out of ground - Evil Dead 31. Cricket bat and shovel - Shaun of the Dead. 32 Car - Christine ,33. Mist - The Fog, 34. Masked man - The Purge. 35, Spider on tree - Arachnophobia. 36, Angry mob on hill - Frankenstein. 37 Girl with hands on TV - Poltergeist. 38, House in background - The Amityville Horror. 39. Box in window - Hellraiser. 40. Doll on rocking chair - The Conjuring.

Do you need to get in touch about something in the newsletter? Do you have any news you wish to share? Get in touch and let us know.

Contact Brenda; fosteringundernewcastle@gmail.com

FUN Contact Details

4 Anfield Road

Kenton

Newcastle upon Tyne

NE3 3LL

Mobile: 07596839208

Email: fosteringundernewcastle@hotmail.co.uk